

# CLINICAL PRACTICE GUIDELINES FOR GLUCOCORTICOID INDUCED OSTEOPROSIS (GIOP)

Adapted: 10/2003

Revised/Approved: 10/2005, 11/2007, 12/2009, 5/2016

**Next Review Date:** 

5/2018

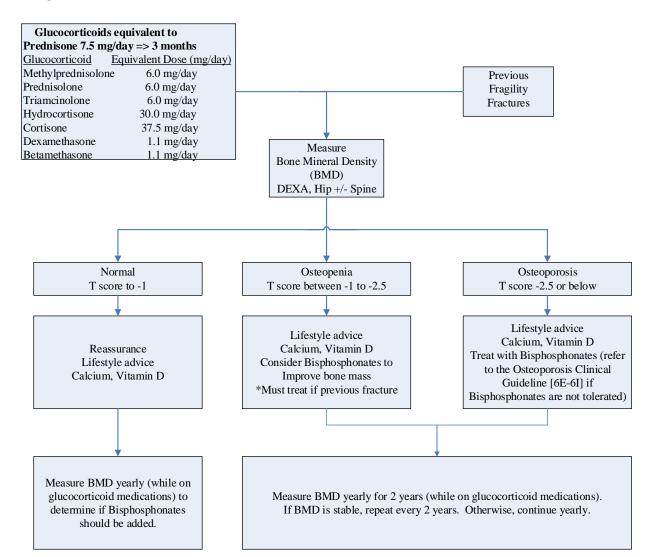
# Purpose:

Scott & White Health Plan's (SWHP) Osteoporosis Guideline is designed to assist clinicians by providing an analytical framework to identify and manage the GIOP population. These recommendations are not intended as a substitute for the reasonable exercise of independent clinical judgement by providers.

#### Scope:

Men and women over age 45 who are at risk of GIOP

### **GIOP Algorithm:**



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#### Source(s):

- Grossman, J. M., Gordon, R., RANGANATH, V. K., Deal, C., et.al (2010). American College of Rheumatology 2010 Recommendations for the Prevention and Treatment of Glucocorticoid-Induced Osteoporosis. *Arthritis Care & Research*, 62(11). doi:10.1002
- 2. National Osteoporosis Foundation. Clinician's Guide to Prevention and Treatment of Osteoporosis. Washington, DC: National Osteoporosis Foundation; 2010.