



Disease Management

Disease Management programs are designed to improve the health of persons with chronic conditions and reduce associated costs from avoidable complications. These goals are accomplished by identifying and treating chronic conditions more quickly and more effectively, slowing the progression of those diseases. Disease management is a system of coordinated health care interventions tailored to your conditions where self-care efforts can be implemented. Disease Management empowers you, working with your health care providers to manage the disease and prevent complications. Participation is voluntary, and there is no additional cost to you for this program.

For more information including how to use Disease Management services, how members become eligible to participate, and how to opt in or opt out please call 1-888-360-1555.