



**SCOTT & WHITE  
HEALTH PLAN**

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*Texas Friendly*

**Scott & White Health Plan gives away \$4,000 travel voucher  
- *Lucky Belton couple making plans for a trip* -**

**TEMPLE, Texas – (Feb. 7, 2007)** A Belton woman and her husband are now making plans for a vacation after receiving a \$4,000 travel voucher from the Scott & White Health Plan. Elaine Stephens received her prize in a Wednesday morning ceremony at the health plan's Temple headquarters. The voucher was awarded from a random drawing of health plan members who had registered and participated in the HealthMedia's Succeed Program, an online health risk appraisal and wellness program available at the Scott & White Health Plan Web site.

"We love seeing people win," said Rebecca Henke, the health risk coordinator for the Scott & White Health Plan. "We love winners, and we love to see people who are taking the initiative to be healthy and learn about making healthy decisions in their day-to-day lives."

The lucky woman says she has not made travel plans, but a trip to Mexico is not out of the question. "We like warm weather," Elaine Stephens said, while standing next to her husband, James.

The Succeed<sup>®</sup> program is one of several online wellness tools available and powered by HealthMedia, which is available to all health plan members. Succeed<sup>®</sup> provides a personalized plan for healthy living, based on a health and lifestyle evaluation.

Scott & White Health Plan was again ranked the No. 1 plan in Texas in the 2006 America's Best list by U.S. News and World Report, the second year for the honor.