

Guidelines for Child Preventive Care

- Recommended by SWHP based on USPSTF and other major scientific authorities
- Recommended by some authorities, to be done at the discretion of the individual physician
- Not required

Years of Age	NB*1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	
Tests:																			
Newborn Screening: Birth	■
Head Size: Birth through 2 year check-up	■	■	■
Height & Weight: Every check-up	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
Blood Pressure: Beginning at 3 year check-up	.	.	.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
Anemia:																			
6-month, 2, 8, and 18 year check-ups	■	.	□	□	□
Lead: 1 and 2 year check-ups	.	□	□
Tuberculosis: 1, 4, and 14 year check-ups	.	□	.	.	□	□
Hearing:																			
Birth, 4, 5, 12 and 18 year check-ups	■	.	.	.	□	□	□	□
Vision: Once between 3 and 6 year check-ups and at 8, 12, 14 and 18 year check-ups	.	.	.	■	■	■	■	.	□	.	.	.	□	.	□	.	.	.	□
Exams:																			
Eye: Birth and 3 year check-ups	■	.	.	■
Dental: Beginning at 18 month check-up	.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
Immunizations:																			
Hepatitis B (HBV):																			
3 times birth to 18 months	■	■	.	.	.	■	■ (If not prior)	.	.	■	■ (If not prior)
Rotavirus: 3 doses 2-6 months of age	■
Polio (IPV): 3 times - 2 months to 2 years and 1 time 4 to 6 years	■	■	.	.	■	■
Haemophilus Influenza (HIB): 3-4 times 2 months to 2 years	■	■	■
Diphtheria, Tetanus, Pertusis (DTP): 4 times 2 months to 2 years and 1 time 4 to 6 years	■	■	■
Tetanus, Diphtheria (TD):																			
1 time 14 to 16 years	■	■	.	.	■	■	■	■
Pneumococcal: 4 times 2 months to 2 years	■	■	■	■
Measles, Mumps, Rubella (MMR): 1 time 18 months and 1 time 4 to 7 years	.	■	.	.	■	■	■	■ (If second dose not given at 4 to 7)
Chickenpox (VZV): 1 time 12 to 24 months Booster 1 dose 4-6 years of age	.	■	■ (Twice if not prior)
Influenza vaccine: Yearly	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
Human Papillomavirus (HPV) 3 times after age 9	■	■	■ (if not prior)
Guidance: Development, Nutrition, Oral Health, Physical Activity, Injuries & Poisons, Sun Exposure, Tobacco Use, Alcohol & Drugs, AIDS, Sexual Behavior, Family Planning, Accident Prevention Counseling, Seat Belt/Car Seat, Bicycle Helmet Safety: As appropriate for age																			
	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■

Check-up visits are important for your child's health. SWHP recommends these visits for the average-risk child at the following ages: 2-4 weeks; 2, 4, 6, 9, 12, 15 and 18 months; and 2, 3, 4, 5, 6, 8, 10, 12, 14, 16 and 18 years. Talk with your child's doctor about the individual needs of your child. At check-up visits, your child may receive a physical examination and the types of preventive care outlined in this guidelines chart.

Please Note: Children with special risk factors may need more frequent and additional types of preventive care.

Risk Factors and Preventive Service(s) Needed:

Exposure to TB: TB test, immunization, influenza vaccine, foot exams, microalbuminuria.

Drug Abuse: TB test, hepatitis immunization.

High-Risk Sexual Behavior: Pap test (Females), AIDS, syphilis, gonorrhea, chlamydia tests, hepatitis immunizations.

*NB: Newborn

Resource: Guidelines chart based on recommendations from the United States Preventive Services Task Force (USPSTF). Approved 2/07; Review 2/09