

**VitalCare**

**SWHP VitalCare** provides 24-hour Health Coaches who provide health education and support services. This service is available to eligible SWHP members who are facing treatment decisions for any of the following health issues. **1-877-505-7947**

**24 hours  
a day,  
7 days  
a week**

**Condition Treatment & Screenings**

- Colorectal screening
- Coronary heart disease (CHD)
- Depression
- Heart failure (HF)
- Weight loss surgery

**General Information**

- End-of-life decisions
- Shared decision-making
- Other

**Spine and Joint**

- Back pain
- Osteoarthritis
- (e.g., knee, hip)

**Men's Health**

- Prostate conditions
- PSA testing

**Women's Health**

- Breast cancer
- Menopause
- Uterine conditions